



Codes of Conduct

As a member of Black Rock Life Saving Club (BRLSC) and an affiliated member of Life Saving Victoria (LSV) you should meet the following requirements in regard to your conduct during any LSV sanctioned activity:

Member's Code of Conduct

- Respect the rights, dignity and worth of others.
- Be fair, considerate and honest in all dealings with others.
- Be professional in, and accept responsibility for, your actions.
- Make a commitment to providing quality service.
- Be aware of, and maintain an uncompromising adherence to, LSV's standards, rules, regulations and policies.
- Operate within the rules of lifesaving including national and international guidelines that govern LSV.

Competitor's Code of Conduct

- Participate by the rules.
- Never argue with an official. If you disagree, have your captain, coach or manager approach the official during a break or after the competition.
- Control your temper. Verbal abuse of officials and sledging other competitors, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.
- Work equally hard for yourself and/or your team. Your team's performance will benefit, so will you.
- Be a good sport. Applaud all good efforts made by your team or the opposition.
- Treat all competitors in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.
- Cooperate with your coach, team mates and fellow competitors. Without them there would be no competition.
- Participate for your own enjoyment and benefit, not just to please parents and coaches.
- Respect the rights, dignity and worth of others.

Parent's Code of Conduct

- Remember that children participate in lifesaving for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children always to participate according to the rules and to settle disagreements without resorting to hostility or violence.
- Never ridicule or yell at a child for making a mistake or losing a competition.
- Remember that children learn best by example. Appreciate good performances and efforts by all competitors.
- Support all efforts to remove verbal and physical abuse from training/competitive activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation for volunteer coaches, officials and administrators. Without them, your child could not participate.
- Respect the rights, dignity and worth of others.

Administrator's Code of Conduct

- As a club office bearer you should meet the following requirements in regard to your conduct during any club sanctioned activity:
- Respect the rights, dignity and worth of others.
- Be fair, considerate and honest in all dealings with others.
- Be professional in, and accept responsibility for, your actions. Your language, presentation, manner and punctuality should reflect high standards.
- Resolve conflicts fairly and promptly through established procedures.
- Maintain strict impartiality.
- Maintain a safe environment for others.
- Be a positive role model for others.
- Be aware of, and maintain an uncompromising adherence to, club, LSV and national bodies standards, rules, regulations and policies.

Coach's Code of Conduct

- Remember that young people participate for pleasure and winning is only part of the fun.
- Never ridicule or yell at a young competitor for making a mistake or not coming first.
- Be reasonable in your demands on members' time, energy and enthusiasm.
- Operate within the rules and spirit of lifesaving and teach your members to do the same.
- Ensure that the time members spend with you is a positive experience. All young people are deserving of equal attention and opportunities.
- Avoid overplaying the talented members; the just average need and deserve equal time.
- Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all members.



- Display control, respect and professionalism to all involved with life saving. This includes fellow members, competitors, coaches, officials, administrators, the media, parents and spectators.
- Encourage your members to do the same.
- Show concern and caution toward sick and injured members. Follow the advice of a physician when determining whether an injured member is ready to recommence training or competition.
- Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of young people.
- Any physical contact with a young person should be appropriate to the situation and necessary for the member's skill development.
- Respect the rights, dignity and worth of others.

Trainer's Code of Conduct

- Encourage young people to develop basic skills in a variety of lifesaving disciplines and discourage over specialisation in one event.
- Create opportunities to teach appropriate behaviour as well as basic skills.
- Give priority to free play activities, skill learning and modified events over highly structured competition for nippers.
- Prepare young people for intra and inter club competition by teaching them basic lifesaving skills.
- Make young people aware of the positive benefits of participation in lifesaving activities.
- Keep up to date with training practices and the principles of physical growth and development. Read and use the latest training and teaching resources for junior lifesaving.
- Help young people understand the differences between the junior competition they participate in and professional lifesaving
- Help young people understand that competing by the rules is their responsibility.
- Give all young people equal opportunities to participate in administration, coaching and officiating as well as competing.
- Support implementation of the national junior sporting and development programs.
- Respect the rights, dignity and worth of others.

Official's Code of Conduct

- Modify rules and regulations to match the skill levels and needs of young people.
- Compliment and encourage all competitors.
- Be consistent, objective and courteous when making decisions.
- Condemn unsporting behaviour and promote respect for all competitors.
- Emphasise the spirit of lifesaving rather than the errors.
- Encourage and promote rule changes, which will make participation more enjoyable.
- Be a good sport yourself. Actions speak louder than words.
- Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
- Remember , you set an example. Your behaviour and comments should be positive and supportive.
- Place the safety and welfare of the competitors above all else.
- Give all young people a 'fair go'.

Spectator's Code of Conduct

- Remember that people participate in lifesaving for their enjoyment and benefit, not yours.
- Applaud good performance and efforts from all individuals and teams.
- Congratulate all competitors on their performance regardless of the event's outcome.
- Respect the decisions of officials and teach young people to do the same.
- Never ridicule or scold a young competitor for making a mistake. Positive comments are motivational
- Condemn the use of violence in any form, whether it is by spectators, coaches, officials or competitors.
- Show respect for your team's opponents. Without them there would be no competition.
- Encourage competitors to follow the rules and the officials' decisions.
- Do not use foul language, sledge or harass competitors, coaches or officials.
- Respect the rights, dignity and worth of others.